

# Lightly Row

**CONTINUE**

The 'CONTINUE' section of the 'Lightly Row' exercise is shown on a grand staff with a red vertical line indicating the starting point. The exercise is divided into two parts: a descending sequence on the left and an ascending sequence on the right. The descending sequence starts on the second line of the treble clef with a blue '2' and moves down through the first space (blue '2'), first line (blue '2'), second space (blue '2'), and second line (blue '2'). It then continues down through the first space (blue '3') and first line (blue '4'). The ascending sequence starts on the first line (red '3') and moves up through the first space (red '3'), second space (red '3'), second line (red '3'), first space (red '4'), and first line (red '5'). The exercise concludes with a final descending sequence on the left: first line (blue '1'), first space (blue '3'), first space (blue '45'), first space (blue '1'), first space (blue '3'), and first space (blue '5').

**END HERE**

**START HERE**

The 'START HERE' section of the 'Lightly Row' exercise is shown on a grand staff with a red vertical line indicating the starting point. The exercise is divided into two parts: an ascending sequence on the left and a descending sequence on the right. The ascending sequence starts on the first line (blue '1'), first space (blue '3'), first space (blue '45'), first space (blue '1'), first space (blue '3'), and first space (blue '5'). The descending sequence starts on the first line (red '5') and moves down through the first space (red '3'), first space (red '3'), first space (red '4'), first space (red '2'), first space (red '2'), first space (red '1'), first space (red '3'), first space (red '5'), and first space (red '5'). The exercise concludes with a final ascending sequence on the left: first space (blue '1'), first space (blue '3'), first space (blue '5'), and first space (red '3').

**CONTINUE**